

Bicycling to the Federal Workplace

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Envisioning the Future Federal Workplace

- Grant program sponsored by the General Services Administration (GSA) in 2008
- Four projects funded including Bicycling to the Future Federal Workplace

Bicycling to the Future Federal Workplace: Tasks

1. Reinstatement of the Interagency Task Force on Bicycling and Walking
2. Review of Existing Bicycle Related Policies Impacting the Federal Workplace
3. Conduct a Survey of Federal Employees on attitudes and barriers to increasing bicycling in the Federal workplace
4. Development of New Policies, Guidelines and Programs to Increase the Level of Bicycling to Federal Workplaces

Interagency Task Force

- Formed following National Bicycling and Walking Study in 1994
- Managed by USDOT Staff the task force met for about six years, dormant for many years
- Began meeting again in 2009
- Now the Interagency Task Force on Bicycling and Active Transportation and again managed by USDOT staff

Bicycle Related Policies

- Clean Air Initiative
- Federal Leadership in Environmental, Energy, and Economic Performance
- Bicycle Commuter Act

Survey Findings

- Non-scientific, voluntary survey conducted online
- Office of Personnel Management (OPM) advertised the survey through wellness programs
- Over 9,500 responses (not all from DC area)
- Responses from both existing bike commuters and non-bike commuters

Survey Findings

FACILITIES

- 33% reported adequate bike parking
- 35% reported adequate showers
- 25% reported bike parking is not available & 29% reported no showers
- 69% reported that outdoor racks for visitors are not provided



Survey Findings

INFRASTRUCTURE

- 23% reported trail or bike lane within one mile
- 43% consider bicycle conditions poor between home and work
- 73% consider more bike lanes and paths as very important to improving conditions for cycling



Survey Findings

PROGRAMS AND INCENTIVES

- 87% have sponsored or promoted health fairs
- 34% sponsored or promoted bike to work day
- 95% report no awareness of programs or incentives to promote cycling



Survey Findings

HOW MANY, HOW OFTEN, HOW FAR

- 15% of respondents report commuting by bike
- 19 % of respondents ride at least 3 times a week during the summer, 54% at least once a month
- 22% reported living less than five miles from their worksite



Survey Findings

ENCOURAGEMENT: I WOULD RIDE IF . . .

- 40% reported more bike lanes and paths on their route
- 45% reported better access to adequate showers
- 56% reported a \$200 cash payment
- 12% reported they would ride if their boss started to ride



Recommendations

- Develop clear policies to encourage bicycling by employees
- Improve bike parking facilities at all worksites
- Provide shower and locker facilities for all employees and contractors
- Support encouragement and education programs
- Consider participating in regional bike sharing program

Recommendations

Develop clear policies to encourage bicycling by employees

- Consider an Executive Order on Bicycling/Active Transportation
- Adopt standards and specifications for bike parking, showers and lockers
- Implement Bike Commuter Act
- Support bike clubs and health and wellness programs

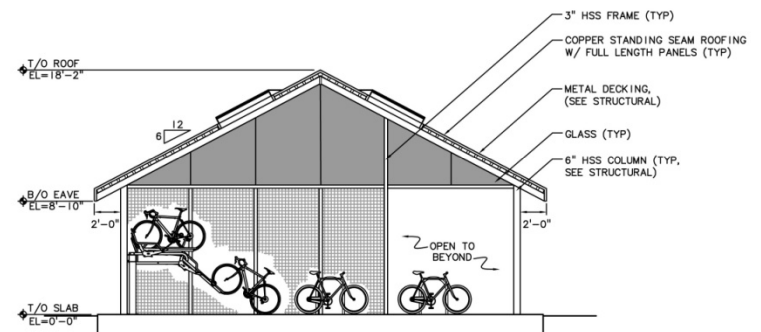


Using the proper equipment and safety devices will ensure a safe and more enjoyable ride.

Recommendations

Improve bike parking facilities at all worksites

- Provide employee and visitor bike parking at all new and leased government facilities per guidelines in the upcoming report
- Provide showers and lockers per the guidelines in the upcoming report
- Adopt a standard lease that includes the bike parking and shower guidelines.



Recommendations

Improve bike parking facilities at all worksites: EPA



Recommendations

Support Encouragement and Education Programs

- Implement the Bicycle Commuter Act at all agencies
- Support employee bike clubs
- Initiate individualized marketing programs
- Bicycling as both transportation and wellness



Recommendations

National Institutes of Health Bike Club Activities



Seasonal “Polar bear” receptions



“Car Free Day” festivities

Recommendations

Bike Sharing and Bike Fleets

- Build on existing bike sharing and bike fleet efforts
- Becoming a participating entity in the regional bike sharing program that is beginning to be developed.



Recommendations



Transportation Secretary Ray LaHood trying new Capital BikeShare bike. . .

Thank you!



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